



08/07/2021

# COMMUNITY YOUTH GROUP

## 1. DISCLAIMER

This free youth group is targeted for adolescents and young adults ages 12-17 years old but does not exclude those youths ages 11. No persons over the age of 17 is permitted to participate. Subject matter may include topics such as sex, drugs, alcohol, and violent trauma. If you feel these subjects may be triggering or a concern for your child, please be advised of alternative options:

- I. Seek out individual counseling services
- II. Behavioral health hospitals have outpatient programs for teens-accepting insurance and private pay
- III. Ask about what topics will be discussed prior to the session beginning although sessions will be fluid in direction

### A. Heading 2

- i. To easily apply any text formatting you see in this outline with just a tap, on the Home tab of the ribbon, check out Styles.
- ii. For example, this paragraph uses Heading 3 style.

## 2. STRUCTURE

Jere'My is a licensed clinician in the state of Texas. He is a public speaker and has been skilled in facilitating youth groups at inpatient behavioral health hospitals and across the Houston area. With that being said, during group, youths lead the discussion. A topic or question is posed to the participants, and they are encouraged to provide feedback to each other. There will be stories and testimonies shared during this open discussion, but also pain and trauma is expected to be disclosed. Jere'My is trained in redirecting youth when the discussion starts to derail. Trust the therapeutic process no matter how uncomfortable it gets. If you do become uncomfortable it is highly encourage for you to explore the source of the discomfort you may be experiencing.

Be advised!!!

**As a licensed clinician, Jere'My is a mandated reporter.** Which means any suspected abuse on youth participants will be reported to the proper authorities. (That includes any inappropriate relationships between teens three years apart in age or over)

**Parent involvement:**

Because the goal is to offer a safe space for youths to engage and disclose with each other, it is highly prohibited for parents to speak out during the sessions. Parents are encouraged to attend sessions however, if this practice becomes a distraction or deterrent for youths to share then parents may be asked to leave the therapeutic environment.

Jere'My Rankins is Licensed in the State of Texas and any complaints of his practice can be done through his licensing board:

Texas State Board of Examiners of Professional Counselors

JereMy Rankins, MA LPC (#80543)